Example Paper- Coffee

 When people wake up and begin to get ready for their day, they usually follow some sort of routine or pattern each morning. **The one part of my morning routine that I will never skip is making coffee.** *I will never skip making coffee in the morning because I love coffee, I will get a headache if I do not drink it, and because I will be mad if my morning routine is messed up.*

 *I will never skip making my morning coffee because I love coffee.* I love coffee because I like the taste and I like hot beverages. Hot beverages such as coffee are especially nice to drink in the winter, when the ride to school is cold! Another reason I love coffee is that it reminds me of going home and visiting with my grandma and aunts. Whenever I go home and see family, we always sit around and visit while drinking coffee. *Those reasons and more are why I love coffee.*

 *Furthermore I will never skip making coffee as part of my morning routine is because I will get a headache if I do not have it.* I am addicted to the caffeine in my coffee in the mornings, which I know is bad. Yet, I know I am not willing to sacrifice my morning coffee to get rid of this addiction! This sort of headache is especially annoying because it begins as a dull ache, but gradually grows in intensity. The only cure for this sort of headache for me is a coffee drink with several shots of espresso. I avoid these types of headaches at all costs because they are extremely annoying! *So I must never skip coffee in the morning otherwise I will get a headache.*

 *The last reason why I will never skip making coffee in the morning is that I will be agitated if my morning routine is out of whack.*  I will admit, I am a fan of order and routine. I like my morning routine of getting ready for the day, and having coffee to drink when I get to school is part of that. If I skipped this essential piece of my morning routine, I would be potentially spoiling the rest of my morning. *Not having coffee could mess with my morning because I would be missing out on something I love, would most likely get a headache from not having the caffeine in coffee, and would have messed up my morning routine.*

 In conclusion**, I will never skip the essential step in my morning routine of making coffee for three reasons*.*** *I love drinking coffee, I will get an annoying headache if I do not drink it in the morning, and I will be upset if I miss this step because it would mess up my morning routine.* I was not always this way, but I started drinking coffee in my first year of college, and haven’t been able to stop since. I do not think I will ever stop drinking coffee and it will forever be an essential step in my morning routine!